ALLYSHIP IN THE WORKPLACE

DESCRIPTION:

Being an authentic and effective ally requires building empathy, resilience, and courage. True allyship asks us to recognize our conscious values and beliefs and live them intentionally in service of others. Now more than ever, our society needs vocal, impact-driven allies and that journey necessitates continued self-reflection and ongoing education. By participating in this workshop, attendees will start their journey in becoming the authentic allies that every inclusive workplace needs.

This workshop will help participants to understand the meaning and importance of allyship, the roles they can play in supporting marginalized members of their community, and how allyship can help to build more inclusive and effective teams.

CENTRAL QUESTIONS:

1. What does allyship look like, what doesn't allyship look like, and why is allyship important?
2. What self-reflection & ongoing education do we need to undertake in order to be authentic allies?
3. How can we develop resilient, sustainable allyship through courage, empathy, and vulnerability?
4. How can we differentiate our allyship based on varying contexts, needs, people, & intersectionality?
5. What tools, mindsets, and strategies can we utilize to be effective allies?

OBJECTIVES:

By *the end of this workshop, you will have…*

- Practical insights into impactful allyship and cultivating it in the workplace.
- Framing shifts that emphasize empathy, curiosity, and courage as the central values of allyship.
- Nuanced methods to differentiate allyship and maximize impact on the populations served.
- Effective strategies for self-reflection and education to continue to grow as an ally.
- Specific tactics for leveraging privilege to equitize the emotional labor of allyship.

DURATION

1.5hrs

Allyship
IN THE WORKPLACE
A SEEN@WORK EMPLOYEE WORKSHOP

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